

Title: Is This Permanent? (48 hours after 1 Sertraline pill)

INTRO: This is a case study submitted on 7/12/18. It is posted on the PSSD FAQ page for use by sufferers with similar concerns. It has been annotated from its original form, but the message remains the same. Please read this site's disclaimer before continuing.

Abbreviations:

Pt. - PSSD Sufferer

G - "Ghost"

Pt. - (2 Days After SSRI) - I took a single [Sertraline] pill 50mg. [I] felt great for 5 hours.

Then:

Sexual dysfunction
Unable to orgasm
Numb genitals
Insomnia
Emotionally numb
Dizziness
Headaches
Loss of appetite
[Loss of Libido]
Hallucinations
Apathy
Blank mind
Head feels like cotton
Mood swings

...This scared me so much that I stopped Zoloft immediately after that 1 pill... I don't know how long it will last. It feels as if I may have permanently damaged my brain. We're going on two days with these side effects.

(3 Days after SSRI) - After the first week, my personality is actually coming back and my appetite. The headaches are going down. I can actually love again.

(4 Days after SSRI) - I'm back to normal.

G - This is very common. Most cases of SSRI sexual dysfunction resolve within days or weeks of stopping the SSRI medication. In my experience, lingering side effects for less than one month are quite normal and likely to subside on their own. Minimizing anxiety and obsessions over symptoms might help speed up this process. I'm happy that the OP is feeling better.